



Empowering People through Training, Education, Food, Clothing, Shelter, Medical care. Grace gives people the skills to thrive, not just to survive!

Grace Resource Center Announces Free Chess Workshops



Parent & Tot Chess Time for 3 to 5 year olds and their adults

Grace Resource Center has partnered with the AV Chess House to provide free Chess Workshops for tots on Fridays, 8-9am at the AV Chess House, 3710 Neola Way, Lancaster.

Chess has been proven to be a fun and interesting path towards *reading and math readiness*. The free, hands-on Chess Workshops provide parents with an easy method for building on the basics of chess to enable their children to *become ready for Kindergarten*.

To register for a free Chess Workshop, contact daa@mahowald.org



No Stress Basic Chess for Seniors for those born during or before 1962

Grace Resource Center has partnered with the AV Chess House to provide free Chess Workshops for seniors on Fridays, 9:15-10:15 am at the AV Chess House, 3710 Neola Way, Lancaster.

Chess has been proven to be a fun and interesting path towards *keeping the mind fresh and warding off Alzheimer's*. The free, hands-on Chess Workshops provide seniors with an easy method for building on the basics of chess to enable them to *stay alert and active in the golden years*.

To register for a free Chess Workshop, contact daa@mahowald.org